



Tamale Heating Instructions

Tamale Hombres tamales are fully cooked and simply need to be heated to an internal temperature of 165°F to 170°F and enjoyed.



STOVETOP

Place unopened bag(s) in boiling water. Turn down to simmer for 15 to 20 minutes if frozen or 10 to 15 minutes if thawed.



MICROWAVE

Thaw in refrigerator prior to heating. Cut a slit in the bag to allow for venting during heating.

Microwave 3 to 5 minutes depending on strength of microwave, flipping 1 to 2 times to ensure even heating.

ENJOY!

CAUTION: BAG AND CONTENTS WILL BE HOT
ALLOW TO COOL BEFORE HANDLING



All Tamale Hombres
Tamales are lard free,
gluten free, and 0g
trans fats.

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